#### **THEME:**

#### THE TEACHER AS A RESOURCE: QUALITY AND UTILIZATION

#### **SUB THEME:**

#### **PRINCIPLES AND PRACTICES OF EFFECTIVE TEACHING AND**

### **LEARNING IN THE 21<sup>ST</sup> CENTURY**

### TITLE OF PRESENTATION:

### INFLUENCE OF THE HEAD TEACHERS' PRACTICES IN CURBING

#### DRUG AND SUBSTANCE ABUSE AMONG STUDENTS IN PUBLIC

### SECONDARY SCHOOLS IN MUKURWEINI SUB-COUNTY, KENYA

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# Introduction

- Drug and substance abuse globally is an epidemic (McCabe, Boyd and Teter, 2009).
- Studies show that globally more preadolescents and teenage children are using drugs (Australian Drug Foundation, 2000).
- Drug and substance abuse is the leading cause of school dropout in Uganda (Mpaata, 2008)
- Kenyan secondary schools have experienced several problems associated with DSA (Orifa, 2004: NACADA, 2004: GOK, 2001)
- Head teachers of secondary schools require knowledge and managerial skills to deal with DSA (Sisungo, Buhere and San'g 2011).

## **Research Objectives**

- To assess the influence of co-curricular activities as a practice in curbing drug and substance abuse among students
- To determine whether guidance and counseling teachers are competent in handling drug and substance abuse cases among learners
- To assess the influence of the school syllabus content in curbing DSA among students

### **Research Questions**

- To what extent does promotion of co-curricular activities influence drug and substance abuse among students?
- How do guidance and counseling teachers handle drug and substance abuse among students?
- To what extent does the content in the school syllabus influence curbing of DSA among students?

# Methodology

- The study employed a descriptive research design
- The target population was 33 public secondary schools targeting head teachers and guidance and counseling teachers
- The study used stratified random and purposive sampling techniques
- The tools for data collection were questionnaires and interview guides
- Reliability was tested using test-retest and scores correlated using Pearson's Product Moment correlation coefficient

$$r = \frac{\sum (x - \bar{x})(y - \bar{y})}{\sqrt{\left[\sum (x - \bar{x})^2\right]\left[\sum (y - \bar{y})^2\right]}}$$

### Methodology conti....

• y= the score for dependent variable

• x=The mean score for independent variable

• y= mean score for dependent variable

# Findings

- Co-curricular activities were used to create awareness on drug and substance abuse
- The school syllabus does not adequately address drug and substance abuse
- Guidance and counseling teachers are not adequately equipped in handling drug and substance abuse related issues among students

	1			2			3		4		5	Me an	Sco re
Statement	F	%	F	:	%	F	%	/ D	F	%	F	%	
The school curriculum addresses DSA among students	0		0	0	0		0	0	2	-	.3 13	3 87	4.8
Students are aware of topics in the curriculum that address DSA	0		0	0	0		0	0	8	Ţ	53 7	47	4.4
Teachers are competent in handling DSA among students	0		0	4	27		2	13	6	2	10 3	20	3.5
Co-curricular activities such as drama, music and sports are used to create awareness on DSA	0		0	0	0		2	13	5		3 8	53	4.4
School syllabus is effectively taught to enhance curbing of DSA	0		0	1	7		3	20	4		27 7	47	4.1
Life skills is taught in your school	2	1	.3	7	47		4	27	1		71	7	2.4

Table 4.8Head Teachers Responses on Areas of Curriculum Used to Curb DSAKey: 1.Strongly Disagree 2. Disagree 3. Neutral 4. Agree 5. Strongly Agree

### Recommendations

- MoE to enhance drug and substance abuse workshops for guidance and counseling teachers
- Teachers service commission to deploy teachers qualified in guidance and counseling to schools
- Head teachers to:

### Recommendations Conti...

- Invite drug and substance abuse expert counselors to guide learners
- KICD to introduce more content on drug and substance abuse to the topics already in the syllabus that address DSA

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### THANK YOU!